



# DrTim's Aquatics®

SEE SUCCESS AT EVERY LEVEL™

## Bene·FISH·al Fish Foods

### 100% Customizable DIY Fish Food

#### WHAT'S IN

Protein rich  
salmon &  
menhaden

Vitamin rich  
carrots,  
spinach &  
kelp

Natural  
antioxidant  
blueberries

Phytonutrient  
rich Spirulina

Probiotic cultures  
of lactobacillus

Marigolds  
for color  
enhancement



#### WHAT'S OUT

No Fillers

No Wheat

No Gluten

No GMOs

No artificial  
colors,  
flavors or  
preservatives

Up to 60%  
less waste

Three  
Easy  
Steps

1



**MIX**

The food type  
and EXTRAS  
of your  
choice.

2



**STIR**

Fish Food and  
EXTRAS for 2 min. in  
water that has been  
brought to a boil.

3



**FREEZE**

Fish Food and  
EXTRAS in  
silicone tray for  
2 hours.



**FEATURES AND BENEFITS OF DRTIM'S AQUATICS BENE-FISH-AL™ FISH FOODS AND EXTRAS FOR ALL FRESHWATER AND MARINE FISH**

DrTim's Aquatics Bene-FISH-al™ fish foods are a new and unique way to give your fish a healthy and complete diet that is grain and gluten-free. Fish do not contain the necessary enzymes to digest gluten, grains and fillers that then just pass through the fish becoming waste that pollutes the aquarium making more work for the aquarist. Also as these ingredients pass through the fish they remove vitamins and other important materials leading to overall poor fish health. Long-term feeding of grains and gluten also results in fatty livers and poor skeletal structure. Being grain and gluten-free DrTim's Bene-FISH-al™ fish food produces up to 60% less waste than traditional flake and pellet foods helping eliminate stringy poop and bloated fish while keeping your fish healthier and the tank cleaner.

DrTim's Aquatics Bene-FISH-al™ fish food is a complete diet containing all the necessary ingredients to keep your fish healthy and fortified with vitamins. Bene-FISH-al™ is GMO-free and contains probiotics developed specially for fish and used in the aquaculture industry. This unique combination means Bene-FISH-al™ fish food provide a healthy diet that supports your fish during all life stages.

**NATURAL INGREDIENTS THAT ARE PART OF DRTIM'S BENE-FISH-AL™ FISH FOOD**

Natural Ingredient	Benefit to Fish
Salmon	High in polyunsaturated fatty acids (PUFAs) that marine fish require with good amino acid profiles for fish growth, weight gain and to maintain energy levels.
Menhaden	A great source of amino acids and essential fatty acids that are key to any good diet, highly digestible and contain Omega-3s.
Blueberries	High in antioxidants that suppress the formation of free radicals which can cause cell damage and a decline in the immune system which are a major contributor of diseases.
Carrots	High in biotin which is good for muscle function and nervous system function.
Spinach	High in Vitamins A, B2, B6, and E which are needed for growth, cell function and overall fish health.
Marigold	High in Vitamins A, B2, B6, and E which are needed for growth, cell function and overall fish health.

In addition, DrTim's Aquatics Bene-FISH-al™ fish food is completely customizable using a wide selection of DrTim's Bene-FISH-al™ EXTRAS that includes peas, garlic, a seaweed medley, mealworms, river shrimp, Gammarus and *Spirulina*. Our EXTRAS come in easy to use jars with a built-in grinder cap so that just the right amount of EXTRA, in the right size, can be added to the fish food or some can just be ground over the tank as a treat.

Making DrTim's Aquatics Bene-FISH-al™ fish food is easy! Add the contents of one small fish food pouch to a container (or 3 scoops from the economy container) to ½ cup of boiling water. Stir for 2 minutes. Now add EXTRAS to customize the fish food to the needs of your fish\*. Pour and smooth out the fish food mixture into one of DrTim's Aquatics Bene-FISH-al™ fish food tray and place in the freezer for 2 hours. Pop out the 70 fish food cubes and store in freezer.

\*Medications can also be added to our fish food before freezing. Follow the manufacturer's directions for the proper amount of medication to add.

**DRTIM'S AQUATICS BENE-FISH-AL™ EXTRAS**

EXTRAS	Benefit to Fish
Garlic	A natural immune system enhancer and helps combat infections.
Peas	High in fiber peas act as a natural laxative and are great for bloated fish or upside down fancy goldfish. Naturally high in vitamins B1 and B3 which are good for finnage development, muscle and nervous system function and fertility.
Seaweed Medley	A mixture of 100% certified organic dried Dulse, Laver and Rockweed seaweeds that are an excellent source of vitamins and a natural color enhancer.
Mealworms	High in protein with moderate levels of fat which is great to use when you want to get your fish in spawning condition or after a disease treatment.
River Shrimp	High in protein and fiber but low in fat plus enhances color.
Gammarus	Great protein source that is low in fat.
<i>Spirulina</i>	A great phytonutrient with tons of vitamins and protein this is a super food for fish. Enhances color, boosts energy and contains loads of antioxidants

**DRTIM'S AQUATICS BENE-FISH-AL™ ITEM NUMBERS**

	Freshwater Fish Food	Marine Fish Food	EXTRAS	Grinders	Refill Pouches
Single Pack	700	710	Garlic	770	771
Economy Pack	701	711	Peas	772	773
5-Pack	708	718	Seaweed Medley	774	775
Starter Kit	709	719	Mealworms	784	783
Silicone Fish Food Tray	797	797	River Shrimp	784	785
POP Freshwater 72 pc	798	--	Gammarus	786	787
POP Marine 72 pc	--	799	Spirulina	796	---